

Recommended vaccines for people living with type 1 diabetes (on top of the province's immunization schedule)

Name of vaccine	Helps protect against	Recommended age	Booster or additional dose
Covid-19	Severe forms of COVID-19, including pneumonia and respiratory distress.	Starting at 6 months	Every 6 months is COVID-19 wasn't contracted.
Influenza (flu)	Serious complications, hospitalizations, and deaths related to the flu.	Starting at 6 months	Every year, in the fall
Pneumococcal infection	Pneumococcal infections, including pneumonia and meningitis.	Childhood	An additional dose may be recommended in adulthood (e.g., age 65)
Hepatitis B	Liver infection caused by the hepatitis B virus.	Starting from birth	In adulthood, if not received during childhood.
Respiratory Syncytial Virus (RSV)	Severe forms of RSV infection.	75 years old and over	1 dose in the summer
Tetanus	Tetanus, a serious infection that can occur when a wound becomes contaminated.	Childhood and adolescence	Booster dose at 50 years old.
Zona	Shingles and its complications, particularly persistent nerve pain	Ages 50 and older (free) Open to people with Type 1 diabetes aged 18 and older.	2 doses, no booster

