

Type 1 diabetes school emergency kit checklist

EXTRA SUPPLIES

(depending on your management tools)



MULTIPLE DAILY INJECTIONS

(pen or syringe)

- Needles.
- Alcohol swabs.
- Optional: additional insulin pen with cartridge, or syringe, if school has fridge space.



INSULIN PUMP

- Charging cable or spare batteries (depending on the type of pump).
- Replacement infusion sets (catheters and tubing, or POD), as well as everything needed to change them (e.g. Skin Tac/Skin-Prep, alcohol swabs, protective dressings or adhesive patches), but only if your child can manage replacing this equipment. Very few schools have staff trained for this task.
- Optional: insulin pen with cartridge/needles, or syringe (if the school has fridge space), and alcohol swabs, in case of pump failure



GLUCOMETER

(finger prick)

- Batteries or charging cable.
- Test strips.
- Lancets (small needles).
- Alcohol swabs.
- Optional: extra glucometer.



CGM

- Adhesive patches or armband (to prevent the sensor from falling off during the day).
- Optional: spare sensor, but only if your child is able to install it themselves.
- Optional: extra glucometer.

OTHERS

- Biomedical waste container, if there is none at the school.

IN CASE OF **HYPO** OR **HYPERGLYCEMIA**



TREATING **HYPOGLYCEMIA**

- Nasal glucagon (Baqsimi) or glucagon injection kit.
- Sources of quick-acting sugar (e.g. Dex4, small juice boxes, honey, sweetened soft drinks).
- Protein snacks, depending on access to a fridge (e.g. granola bars, yogurt, milk cartons, cheese).



TREATING **HYPERGLYCEMIA**

- Optional: ketone strips and measuring device.