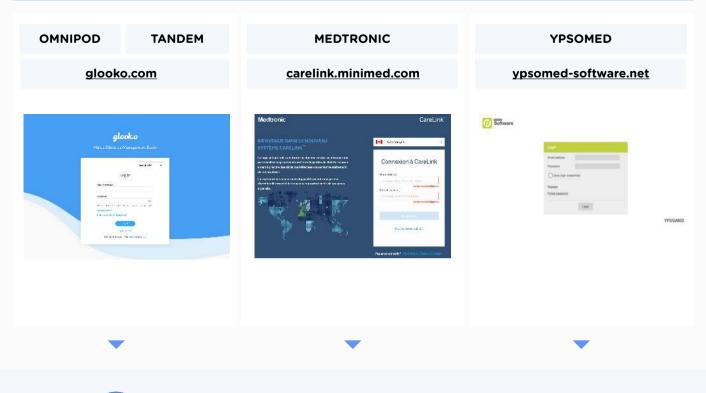
How to upload pump data

I need to think about uploading my pump data:

- Ideally once a month.
- Before an appointment with my healthcare team (24 to 48 hours beforehand).
- **Every time I want to adjust** my pump settings (in case of hypoglycemia or hyperglycemia).
- After each change made to the settings of my pump.

Some pumps can be controlled using a smartphone. In this case, the app allows you to upload and automatically share your pump data.

1- Creating an account on or logging into the company's site.



Support beiter

Fact sheet taken from the SUPPORT training platform Developed by the BETTER project ©Montreal Clinical Research Institute/McGill University

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2- Sharing my data.

OMNIPOD	TANDEM	MEDTRONIC	YPSOMED
Use the link sent by your clinic OR create an account and then enter the code that was given to you by your healthcare team.		No code needed. you can provide your ID and password to your healthcare team if you would like to share your data.	Ask your healthcare team to invite you to share your data. They will need your email address.
3- Uploading my pump data according the instructions on the site.			
4- Accessing the various reports and analyzing my data. If needed, I can ask my healthcare team for help.			

What I need to know:

- Regularly updating the operating system of my computer and my applications can make it easier to upload my insulin pump data.
- A high-speed Internet connection if often needed to upload the data.
- In case of an upload problem, I need to contact the technical support department of the pump manufacturer.

