

How to administer nasal glucagon

**IF THE PERSON IS UNABLE TO ADMINISTER THEIR OWN TREATMENT
AND HAS THE FOLLOWING SYMPTOMS:**

DIFFICULTY SWALLOWING

SLEEPINESS

CONFUSION

LOSS OF CONSCIOUSNESS

CONVULSIONS

ADMINISTER NASAL GLUCAGON BY FOLLOWING THESE STEPS:

1. If the person is unconscious, lay them on their side to prevent them from choking, as glucagon can cause vomiting.



2. Pull on the red strip to remove the plastic wrap.



3. Open the cover to remove the device.



4. Take the device between your fingers and put your thumb on the plunger without pressing.



5. Insert the device into one nostril until your fingers touch the outside of the nose.



6. Fully depress the plunger with your thumb. Nasal glucagon is given when the green line on the plunger is no longer visible.

7. Remove and discard the device.

AFTER ADMINISTRATION:

The person will usually regain consciousness within 15 minutes.

Check the person's blood sugar level about 5 minutes after the administration and regularly afterwards.

As soon as the person is able to eat, give them a sugar-containing snack.

If the person is wearing an insulin pump and you know how to stop it, it should be stopped for an hour.

The person will need to contact their healthcare team to notify them of the incident.

**Call an ambulance if the person
doesn't regain consciousness
15 minutes after the administration**



Glucagon is not as effective in people who've consumed alcohol, finished a long session of physical activity or are on ketogenic (low-carb) diet.

You still need to administer it, but you should call an ambulance right away.

*Nasal glucagon can be used even if the person has a cold.