What should my emergency kit contain? (insulin pump)

Capillary blood sugar meter + test strips, lancing device, alcohol swabs, etc.



Coin to open battery compartment as needed Current pump settings + Contact information of your healthcare team



Syringes with insulin vial or pen with insulin cartridges



Batteries or charging cable



Replacement infusion system (catheter, tubing and reservoir or POD)



Ketone body measurement device + test strips



Enough **quick-acting sugar to treat two hypoglycemic episodes** (e.g., Dex4®, Gluco5g, juice box, etc)



or nasal glucagon



Fact sheet taken from the SUPPORT training platform Developed by the BETTER project ©Montreal Clinical Research Institute/McGill University